



## 31. Nordhäuser Silvesterlauf 2017

Nordhausen / 31.12.2017

### Detailed evaluation

**OBST, Jens**

Club: SV Bielen

Number: 56

Course: 6.50 km

Pokallauf

Category:

Männer (20-29 Jahre)

Total time: 32:15

Speed: 11.16 km/h

Running performance: 4:58 min/km

Rank in course/Total: 46 (of 81)

Rank in course/Men: 41 (of 67)

Best time in course: 17:28

Rank in category: 8(of 11)

Best time in the category: 21:14