



31. Nordhäuser Silvesterlauf 2017

Nordhausen / 31.12.2017

Detailed evaluation

Scholz, Matthias

Club: SV Germania Herringen

Number: 185

Course: 6.50 km

Pokallauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 32:31

Speed: 11.07 km/h

Running performance: 5:00 min/km

Rank in course/Total: 49 (of 81)

Rank in course/Men: 43 (of 67)

Best time in course: 17:28

Rank in category: 3(of 5)

Best time in the category: 26:42