



31. Nordhäuser Silvesterlauf 2017

Nordhausen / 31.12.2017

Detailed evaluation

WOLZ, Simon

Club: Bünde

Number: 69

Course: 6.50 km

Pokallauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 32:30

Speed: 11.08 km/h

Running performance: 5:00 min/km

Rank in course/Total: 47 (of 81)

Rank in course/Men: 42 (of 67)

Best time in course: 17:28

Rank in category: 6(of 9)

Best time in the category: 21:19