



31. Nordhäuser Silvesterlauf 2017

Nordhausen / 31.12.2017

Detailed evaluation

Seidel, Jonathan

Club: Harztor

Number: 155

Course: 6.50 km

Pokallauf

Category:

Männer (20-29 Jahre)

Total time: 32:35

Speed: 11.05 km/h

Running performance: 5:01 min/km

Rank in course/Total: 50 (of 81)

Rank in course/Men: 45 (of 67)

Best time in course: 17:28

Rank in category: 9(of 11)

Best time in the category: 21:14