



## 31. Nordhäuser Silvesterlauf 2017

Nordhausen / 31.12.2017

### Detailed evaluation

**HERTEL, Pascal**

Club: Sportclub Hesserode e.V.

Number: 42

Course: 6.50 km

Pokallauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 32:59

Speed: 10.91 km/h

Running performance: 5:04 min/km

Rank in course/Total: 59 (of 81)

Rank in course/Men: 52 (of 67)

Best time in course: 17:28

Rank in category: 9(of 9)

Best time in the category: 21:19