



## 31. Nordhäuser Silvesterlauf 2017

Nordhausen / 31.12.2017

### Detailed evaluation

**Gentner, Claudia**

Club: Triathlon Jena e.V.

Number: 192

Course: 6.50 km

Pokallauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 33:14

Speed: 10.83 km/h

Running performance: 5:07 min/km

Rank in course/Total: 65 (of 81)

Rank in course/Women: 11 (of 14)

Best time in course: 20:32

Rank in category: 2(of 3)

Best time in the category: 33:04