



## 31. Nordhäuser Silvesterlauf 2017

Nordhausen / 31.12.2017

### Detailed evaluation

**ZIESING, Anette**

Club: Nordhausen

Number: 118

Course: 3.40 km

Hobbylauf

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 33:38

Speed: 5.35 km/h

Running performance: 9:53 min/km

Rank in course/Total: 51 (of 53)

Rank in course/Women: 20 (of 21)

Best time in course: 15:23

Rank in category: 3(of 3)

Best time in the category: 16:19