



31. Nordhäuser Silvesterlauf 2017

Nordhausen / 31.12.2017

Detailed evaluation

KONSCHAK, Raphael

Club: Triathlon Nordhausen e.V.

Number: 12

Course: 1.10 km

Schnupperlauf

Category:

männliche Jugend U8 (6-7 Jahre)

Total time: 6:35

Speed: 9.11 km/h

Running performance: 5:59 min/km

Rank in course/Total: 15 (of 29)

Rank in course/Men: 7 (of 13)

Best time in course: 5:40

Rank in category: 4(of 6)

Best time in the category: 6:14