



31. Nordhäuser Silvesterlauf 2017

Nordhausen / 31.12.2017

Detailed evaluation

Furchner, Ingo

Club: SV Glückauf Sondershausen

Number: 183

Course: 6.50 km

Pokallauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 35:08

Speed: 10.25 km/h

Running performance: 5:25 min/km

Rank in course/Total: 69 (of 81)

Rank in course/Men: 58 (of 67)

Best time in course: 17:28

Rank in category: 11(of 12)

Best time in the category: 21:19