



31. Nordhäuser Silvesterlauf 2017

Nordhausen / 31.12.2017

Detailed evaluation

GENTZEL, Margrit

Club: Triathlon Nordhausen e.V.

Number: 33

Course: 6.50 km

Pokallauf

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 38:26

Speed: 9.37 km/h

Running performance: 5:55 min/km

Rank in course/Total: 73 (of 81)

Rank in course/Women: 13 (of 14)

Best time in course: 20:32

Rank in category: 2(of 2)

Best time in the category: 33:00