



31. Nordhäuser Silvesterlauf 2017

Nordhausen / 31.12.2017

Detailed evaluation

Herold, Walter

Club: LTV Obereichsfeld

Number: 190

Course: 6.50 km

Pokallauf

Category:

Senioren M65 (65-69 Jahre)

Total time: 38:48

Speed: 9.28 km/h

Running performance: 5:58 min/km

Rank in course/Total: 74 (of 81)

Rank in course/Men: 61 (of 67)

Best time in course: 17:28

Rank in category: 2(of 2)

Best time in the category: 34:02