



31. Nordhäuser Silvesterlauf 2017

Nordhausen / 31.12.2017

Detailed evaluation

GÖRK, Michael

Club: TSG Salza Sek. Judo

Number: 34

Course: 6.50 km

Pokallauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 42:00

Speed: 8.57 km/h

Running performance: 6:28 min/km

Rank in course/Total: 76 (of 81)

Rank in course/Men: 62 (of 67)

Best time in course: 17:28

Rank in category: 4(of 5)

Best time in the category: 26:42