



31. Nordhäuser Silvesterlauf 2017

Nordhausen / 31.12.2017

Detailed evaluation

Rauhe, Marco

Club: Rewe Bleicherode

Number: 154

Course: 3.40 km

Hobbylauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 13:32

Speed: 13.30 km/h

Running performance: 3:59 min/km

Rank in course/Total: 2 (of 53)

Rank in course/Men: 2 (of 32)

Best time in course: 11:56

Rank in category: 1(of 2)

Best time in the category: 13:32