



31. Nordhäuser Silvesterlauf 2017

Nordhausen / 31.12.2017

Detailed evaluation

Köhler, Marcus

Club: Hohenstein

Number: 191

Course: 3.40 km

Hobbylauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 15:59

Speed: 11.26 km/h

Running performance: 4:42 min/km

Rank in course/Total: 14 (of 53)

Rank in course/Men: 10 (of 32)

Best time in course: 11:56

Rank in category: 1(of 1)

Best time in the category: 15:59