



## 31. Nordhäuser Silvesterlauf 2017

Nordhausen / 31.12.2017

### Detailed evaluation

**Hohenstein, Herbert**

Club: Med. NDH

Number: 150

Course: 3.40 km

Hobbylauf

Category:

Senioren M75 (75 und älter)

Total time: 16:11

Speed: 11.12 km/h

Running performance: 4:46 min/km

Rank in course/Total: 15 (of 53)

Rank in course/Men: 11 (of 32)

Best time in course: 11:56

Rank in category: 1(of 1)

Best time in the category: 16:11