



## 31. Nordhäuser Silvesterlauf 2017

Nordhausen / 31.12.2017

### Detailed evaluation

**NEBELUNG, Sophie**

Club: LV Altstadt 98 Nordhausen e.V.

Number: 95

Course: 3.40 km

Hobbylauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 16:12

Speed: 11.11 km/h

Running performance: 4:46 min/km

Rank in course/Total: 16 (of 53)

Rank in course/Women: 5 (of 21)

Best time in course: 15:23

Rank in category: 1 (of 3)

Best time in the category: 16:12