



31. Nordhäuser Silvesterlauf 2017

Nordhausen / 31.12.2017

Detailed evaluation

Ruth, Katrin

Club: RC Wollersleben

Number: 178

Course: 3.40 km

Hobbylauf

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 16:19

Speed: 11.03 km/h

Running performance: 4:48 min/km

Rank in course/Total: 18 (of 53)

Rank in course/Women: 6 (of 21)

Best time in course: 15:23

Rank in category: 1(of 3)

Best time in the category: 16:19