



## 31. Nordhäuser Silvesterlauf 2017

Nordhausen / 31.12.2017

### Detailed evaluation

**HERDA, Marcus**

Club: Miltenberg

Number: 82

Course: 3.40 km

Hobbylauf

Category:

Männer (20-29 Jahre)

Total time: 16:55

Speed: 10.64 km/h

Running performance: 4:59 min/km

Rank in course/Total: 20 (of 53)

Rank in course/Men: 14 (of 32)

Best time in course: 11:56

Rank in category: 1(of 1)

Best time in the category: 16:55