



31. Nordhäuser Silvesterlauf 2017

Nordhausen / 31.12.2017

Detailed evaluation

GASTEL, Petra

Club: Nordhasen

Number: 31

Course: 3.40 km

Hobbylauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 18:10

Speed: 9.91 km/h

Running performance: 5:20 min/km

Rank in course/Total: 25 (of 53)

Rank in course/Women: 8 (of 21)

Best time in course: 15:23

Rank in category: 2(of 2)

Best time in the category: 15:53