



31. Nordhäuser Silvesterlauf 2017

Nordhausen / 31.12.2017

Detailed evaluation

RAMTKE, Renate

Club: Nordhausen

Number: 100

Course: 3.40 km

Hobbylauf

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 18:25

Speed: 9.77 km/h

Running performance: 5:25 min/km

Rank in course/Total: 26 (of 53)

Rank in course/Women: 9 (of 21)

Best time in course: 15:23

Rank in category: 2(of 3)

Best time in the category: 16:19