



## 31. Nordhäuser Silvesterlauf 2017

Nordhausen / 31.12.2017

### Detailed evaluation

**GROPP, Ramona**

Club: Nordhausen

Number: 79

Course: 3.40 km

Hobbylauf

Category:

Seniorinnen W55 (55-59 Jahre)

Total time: 18:30

Speed: 9.73 km/h

Running performance: 5:26 min/km

Rank in course/Total: 28 (of 53)

Rank in course/Women: 10 (of 21)

Best time in course: 15:23

Rank in category: 2(of 2)

Best time in the category: 17:54