



31. Nordhäuser Silvesterlauf 2017

Nordhausen / 31.12.2017

Detailed evaluation

KONSCHAK, Laetitia

Club: Triathlon Nordhausen e.V.

Number: 11

Course: 1.10 km

Schnupperlauf

Category:

weibliche Jugend U10 (8-9 Jahre)

Total time: 5:42

Speed: 10.53 km/h

Running performance: 5:11 min/km

Rank in course/Total: 6 (of 29)

Rank in course/Women: 4 (of 16)

Best time in course: 5:04

Rank in category: 3(of 8)

Best time in the category: 5:22