



## 31. Nordhäuser Silvesterlauf 2017

Nordhausen / 31.12.2017

### Detailed evaluation

**HÖPKER, Martin**

Club: Nordhausen

Number: 43

Course: 6.50 km

Pokallauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 21:11

Speed: 16.99 km/h

Running performance: 3:16 min/km

Rank in course/Total: 3 (of 81)

Rank in course/Men: 2 (of 67)

Best time in course: 17:28

Rank in category: 2(of 10)

Best time in the category: 17:28