



31. Nordhäuser Silvesterlauf 2017

Nordhausen / 31.12.2017

Detailed evaluation

Ramtke, Justus

Club: Nordhausen

Number: 196

Course: 6.50 km

Pokallauf

Category:

Männer (20-29 Jahre)

Total time: 21:26

Speed: 16.80 km/h

Running performance: 3:18 min/km

Rank in course/Total: 8 (of 81)

Rank in course/Men: 6 (of 67)

Best time in course: 17:28

Rank in category: 2(of 11)

Best time in the category: 21:14