



31. Nordhäuser Silvesterlauf 2017

Nordhausen / 31.12.2017

Detailed evaluation

Hohenstein, Alexander

Club: Med. NDH

Number: 149

Course: 6.50 km

Pokallauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 24:48

Speed: 14.52 km/h

Running performance: 3:49 min/km

Rank in course/Total: 16 (of 81)

Rank in course/Men: 13 (of 67)

Best time in course: 17:28

Rank in category: 1(of 7)

Best time in the category: 24:48