



## 31. Nordhäuser Silvesterlauf 2017

Nordhausen / 31.12.2017

### Detailed evaluation

**Teiks, Sören**

Club: Team Bernd

Number: 171

Course: 3.40 km

Hobbylauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 25:18

Speed: 7.11 km/h

Running performance: 7:26 min/km

Rank in course/Total: 46 (of 53)

Rank in course/Men: 30 (of 32)

Best time in course: 11:56

Rank in category: 2(of 2)

Best time in the category: 13:32