



29. Ohratalsperrenlauf
Streitberg-Arena Luisenthal / 29.07.2017

Detailed evaluation

Seiler, Jens

Club: Gewichtheben Crawinkel
Number: 130

Course: 13.00 km
13 km-Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:26:12

Speed: 9.05 km/h
Running performance: 6:38 min/km

Rank in course/Total: 35 (of 39)

Rank in course/Men: 30 (of 33)

Best time in course: 50:44

Rank in category: 3(of 3)

Best time in the category: 1:08:47