



19. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 24.06.2017

Detailed evaluation

TU Ilmenau Runners Mix I

Total time: 12:31:56

Number: 178

Speed: 13.41 km/h

Running performance: 4:27 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 15 (of 233)

Best time in course: 10:53:15

Category:

Rank in category: 4(of 69)

Mixstaffel

Best time in the category: 11:51:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:08:58	3:55	1	-	4	1:46	17.60	1:08:58	3:55	1	-	233	1:46
Schildwiese	18.58	1:08:58	3:42	1	-	3	1:32	36.18	2:17:56	3:48	1	-	233	3:00
Neuhaus	13.54	1:16:04	5:37	17	14:55	113	25:32	49.72	3:34:00	4:18	1	-	233	23:14
Masserberg	19.86	1:20:27	4:03	3	1:38	8	3:07	69.58	4:54:27	4:13	3	1:18	233	26:21
Allzunah	17.89	1:29:04	4:58	12	14:54	50	18:31	87.47	6:23:31	4:23	4	15:38	233	44:52
Grenzadler	19.96	1:18:40	3:56	4	7:55	9	7:55	107.43	7:42:11	4:18	3	19:08	232	46:53
Neue Ausspanne	13.68	1:07:50	4:57	8	6:13	60	20:09	121.11	8:50:01	4:22	4	24:23	232	1:02:16
Kleiner Inselsber	13.90	1:11:55	5:10	12	17:04	70	19:31	135.01	10:01:56	4:27	4	33:55	232	1:21:47
Hohe Sonne	18.94	1:12:14	3:48	2	1:16	5	3:57	153.95	11:14:10	4:22	4	25:11	228	1:16:04
Hörschel	15.02	1:17:46	5:10	16	17:40	83	24:45	168.90	12:31:56	4:27	4	40:02	15	1:38:41