



# 19. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 24.06.2017

## Detailed evaluation

LAC Mix

Total time: 15:57:51

Number: 561

Speed: 10.58 km/h

Running performance: 5:40 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 161 (of 233)

Best time in course: 10:53:15

Category:

Rank in category: 37(of 69)

Mixstaffel

Best time in the category: 11:51:54

## Intermediate times

## Stage score

## Total ranking

| Control           | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Total | Behind<br>Total | Total<br>km | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Total | Behind<br>Total |
|-------------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| Grumbach          | 17.60       | 1:28:48       | 5:02            | 16          | 19:50          | 70           | 21:36           | 17.60       | 1:28:48       | 5:02            | 16          | 19:50          | 233          | 21:36           |
| Schildwiese       | 18.58       | 1:30:29       | 4:52            | 24          | 21:31          | 85           | 23:03           | 36.18       | 2:59:17       | 4:57            | 18          | 41:21          | 233          | 44:21           |
| Neuhaus           | 13.54       | 1:22:13       | 6:04            | 40          | 21:04          | 175          | 31:41           | 49.72       | 4:21:30       | 5:15            | 19          | 47:30          | 233          | 1:10:44         |
| Masserberg        | 19.86       | 1:57:10       | 5:53            | 42          | 38:21          | 162          | 39:50           | 69.58       | 6:18:40       | 5:26            | 23          | 1:25:31        | 233          | 1:50:34         |
| Allzunah          | 17.89       | 1:37:45       | 5:27            | 26          | 23:35          | 106          | 27:12           | 87.47       | 7:56:25       | 5:26            | 23          | 1:48:32        | 233          | 2:17:46         |
| Grenzadler        | 19.96       | 2:12:12       | 6:37            | 65          | 1:01:27        | 225          | 1:01:27         | 107.43      | 10:08:37      | 5:39            | 39          | 2:45:34        | 232          | 3:13:19         |
| Neue Ausspanne    | 13.68       | 1:24:20       | 6:09            | 46          | 22:43          | 177          | 36:39           | 121.11      | 11:32:57      | 5:43            | 40          | 3:07:19        | 232          | 3:45:12         |
| Kleiner Inselsber | 13.90       | 1:12:42       | 5:13            | 15          | 17:51          | 76           | 20:18           | 135.01      | 12:45:39      | 5:40            | 37          | 3:17:38        | 232          | 4:05:30         |
| Hohe Sonne        | 18.94       | 1:58:04       | 6:14            | 61          | 47:06          | 215          | 49:47           | 153.95      | 14:43:43      | 5:44            | 43          | 3:54:44        | 228          | 4:45:37         |
| Hörschel          | 15.02       | 1:14:08       | 4:56            | 9           | 14:02          | 67           | 21:07           | 168.90      | 15:57:51      | 5:40            | 37          | 4:05:57        | 161          | 5:04:36         |