



19. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 24.06.2017

Detailed evaluation

Long Island Ice Tea

Number: 108

Course: 168.90 km
Blankenstein-Hörschel

Category:
Männerstaffel

Total time: 14:59:30

Speed: 11.21 km/h
Running performance: 5:20 min/km

Rank in course: 87 (of 233)
Best time in course: 10:53:15

Rank in category: 69(of 150)
Best time in the category: 10:53:15

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:51:19	6:19	145	44:07	211	44:07	17.60	1:51:19	6:19	145	44:07	211	44:07
Schildwiese	18.58	1:20:35	4:20	21	13:09	30	13:09	36.18	3:11:54	5:18	96	56:58	130	56:58
Neuhaus	13.54	1:14:15	5:29	80	23:43	99	23:43	49.72	4:26:09	5:21	92	1:15:23	116	1:15:23
Masserberg	19.86	1:44:31	5:15	63	27:11	90	27:11	69.58	6:10:40	5:19	76	1:42:34	96	1:42:34
Allzunah	17.89	1:30:36	5:03	45	20:03	61	20:03	87.47	7:41:16	5:16	64	2:02:37	82	2:02:37
Grenzadler	19.96	1:37:23	4:52	58	23:35	87	26:38	107.43	9:18:39	5:12	58	2:23:21	78	2:23:21
Neue Ausspanne	13.68	1:06:19	4:50	44	18:38	51	18:38	121.11	10:24:58	5:09	51	2:37:13	68	2:37:13
Kleiner Inselsber	13.90	1:07:50	4:52	31	15:26	39	15:26	135.01	11:32:48	5:07	46	2:52:39	60	2:52:39
Hohe Sonne	18.94	1:35:17	5:01	59	27:00	85	27:00	153.95	13:08:05	5:07	45	3:09:59	58	3:09:59
Hörschel	15.02	1:51:25	7:25	147	58:24	225	58:24	168.90	14:59:30	5:19	69	4:06:15	87	4:06:15