



19. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 24.06.2017

Detailed evaluation

Mühlhäuser Laufcombo

Total time: 15:02:29

Number: 192

Speed: 11.17 km/h

Running performance: 5:20 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 91 (of 233)

Best time in course: 10:53:15

Category:

Rank in category: 72(of 150)

Männerstaffel

Best time in the category: 10:53:15

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:41:20	5:45	126	34:08	171	34:08	17.60	1:41:20	5:45	126	34:08	171	34:08
Schildwiese	18.58	1:39:18	5:20	108	31:52	158	31:52	36.18	3:20:38	5:32	118	1:05:42	163	1:05:42
Neuhaus	13.54	1:18:40	5:48	111	28:08	140	28:08	49.72	4:39:18	5:37	122	1:28:32	166	1:28:32
Masserberg	19.86	1:46:44	5:22	67	29:24	96	29:24	69.58	6:26:02	5:32	100	1:57:56	133	1:57:56
Allzunah	17.89	1:35:44	5:21	69	25:11	95	25:11	87.47	8:01:46	5:30	94	2:23:07	124	2:23:07
Grenzadler	19.96	1:34:46	4:44	42	20:58	66	24:01	107.43	9:36:32	5:21	78	2:41:14	101	2:41:14
Neue Ausspanne	13.68	1:10:16	5:08	59	22:35	73	22:35	121.11	10:46:48	5:20	75	2:59:03	97	2:59:03
Kleiner Inselsber	13.90	1:18:56	5:40	95	26:32	127	26:32	135.01	12:05:44	5:22	78	3:25:35	99	3:25:35
Hohe Sonne	18.94	1:30:59	4:48	37	22:42	54	22:42	153.95	13:36:43	5:18	69	3:38:37	86	3:38:37
Hörschel	15.02	1:25:46	5:42	110	32:45	148	32:45	168.90	15:02:29	5:20	72	4:09:14	91	4:09:14