



19. Rennsteig-Staffellauf  
Blankenstein bis Hirschel / 24.06.2017

Detailed evaluation

DKB-Rennsteigmixpress

Total time: 16:04:21

Number: 122

Speed: 10.45 km/h

Running performance: 5:43 min/km

Course: 168.90 km

Blankenstein-Hirschel

Rank in course: 168 (of 233)

Best time in course: 10:53:15

Category:

Rank in category: 40(of 69)

Mixstaffel

Best time in the category: 11:51:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:37:23	5:31	36	28:25	146	30:11	17.60	1:37:23	5:31	36	28:25	233	30:11
Schildwiese	18.58	1:51:24	5:59	61	42:26	208	43:58	36.18	3:28:47	5:46	51	1:10:51	191	1:13:51
Neuhaus	13.54	1:22:05	6:03	39	20:56	174	31:33	49.72	4:50:52	5:51	48	1:16:52	233	1:40:06
Masserberg	19.86	1:42:21	5:09	21	23:32	76	25:01	69.58	6:33:13	5:39	36	1:40:04	233	2:05:07
Allzunah	17.89	1:41:35	5:40	33	27:25	131	31:02	87.47	8:14:48	5:39	33	2:06:55	233	2:36:09
Grenzdler	19.96	1:56:24	5:49	53	45:39	190	45:39	107.43	10:11:12	5:41	42	2:48:09	232	3:15:54
Neue Ausspanne	13.68	1:19:33	5:48	33	17:56	139	31:52	121.11	11:30:45	5:42	39	3:05:07	232	3:43:00
Kleiner Inselsber	13.90	1:19:06	5:41	28	24:15	130	26:42	135.01	12:49:51	5:42	40	3:21:50	232	4:09:42
Hohe Sonne	18.94	1:50:58	5:51	50	40:00	186	42:41	153.95	14:40:49	5:43	41	3:51:50	228	4:42:43
Hirschel	15.02	1:23:32	5:33	27	23:26	129	30:31	168.90	16:04:21	5:42	40	4:12:27	168	5:11:06