



19. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 24.06.2017

Detailed evaluation

einfach laufen lassen ...

Number: 195

Course: 168.90 km
Blankenstein-Hörschel

Category:
Männerstaffel

Total time: 15:08:56

Speed: 11.09 km/h
Running performance: 5:23 min/km

Rank in course: 97 (of 233)
Best time in course: 10:53:15

Rank in category: 76(of 150)
Best time in the category: 10:53:15

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:42:57	5:50	130	35:45	179	35:45	17.60	1:42:57	5:50	130	35:45	179	35:45
Schildwiese	18.58	1:34:59	5:06	87	27:33	124	27:33	36.18	3:17:56	5:28	108	1:03:00	150	1:03:00
Neuhaus	13.54	1:10:54	5:14	60	20:22	72	20:22	49.72	4:28:50	5:24	101	1:18:04	129	1:18:04
Masserberg	19.86	1:42:04	5:08	52	24:44	75	24:44	69.58	6:10:54	5:19	78	1:42:48	98	1:42:48
Allzunah	17.89	1:46:35	5:57	113	36:02	165	36:02	87.47	7:57:29	5:27	82	2:18:50	108	2:18:50
Grenzadler	19.96	1:44:32	5:14	98	30:44	144	33:47	107.43	9:42:01	5:25	88	2:46:43	116	2:46:43
Neue Ausspanne	13.68	1:18:41	5:45	93	31:00	131	31:00	121.11	11:00:42	5:27	90	3:12:57	115	3:12:57
Kleiner Inselsber	13.90	1:08:03	4:53	33	15:39	41	15:39	135.01	12:08:45	5:23	81	3:28:36	102	3:28:36
Hohe Sonne	18.94	1:36:55	5:07	70	28:38	100	28:38	153.95	13:45:40	5:21	74	3:47:34	96	3:47:34
Hörschel	15.02	1:23:16	5:32	97	30:15	127	30:15	168.90	15:08:56	5:22	76	4:15:41	97	4:15:41