



19. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 24.06.2017

Detailed evaluation

Arthrose

Total time: 16:05:50

Number: 563

Speed: 10.44 km/h

Running performance: 5:43 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 169 (of 233)

Best time in course: 10:53:15

Category:

Rank in category: 41(of 69)

Mixstaffel

Best time in the category: 11:51:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:30:43	5:09	21	21:45	89	23:31	17.60	1:30:43	5:09	21	21:45	233	23:31
Schildwiese	18.58	1:45:41	5:41	54	36:43	187	38:15	36.18	3:16:24	5:25	37	58:28	233	1:01:28
Neuhaus	13.54	1:25:15	6:17	48	24:06	194	34:43	49.72	4:41:39	5:39	42	1:07:39	233	1:30:53
Masserberg	19.86	2:17:06	6:54	64	58:17	221	59:46	69.58	6:58:45	6:01	55	2:05:36	233	2:30:39
Allzunah	17.89	1:48:59	6:05	51	34:49	176	38:26	87.47	8:47:44	6:01	56	2:39:51	233	3:09:05
Grenzadler	19.96	1:44:06	5:12	41	33:21	140	33:21	107.43	10:31:50	5:52	53	3:08:47	232	3:36:32
Neue Ausspanne	13.68	1:18:20	5:43	27	16:43	125	30:39	121.11	11:50:10	5:51	50	3:24:32	232	4:02:25
Kleiner Inselsber	13.90	1:17:07	5:32	25	22:16	116	24:43	135.01	13:07:17	5:49	46	3:39:16	232	4:27:08
Hohe Sonne	18.94	1:43:53	5:29	38	32:55	145	35:36	153.95	14:51:10	5:47	46	4:02:11	228	4:53:04
Hörschel	15.02	1:14:40	4:58	10	14:34	71	21:39	168.90	16:05:50	5:43	41	4:13:56	169	5:12:35