



# 19. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 24.06.2017

## Detailed evaluation

Lauffreunde Gotha

Number: 558

Course: 168.90 km  
Blankenstein-Hörschel

Category:  
Mixstaffel

Total time: 16:19:02

Speed: 10.30 km/h

Running performance: 5:48 min/km

Rank in course: 180 (of 233)

Best time in course: 10:53:15

Rank in category: 46(of 69)

Best time in the category: 11:51:54

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:33:16	5:17	31	24:18	118	26:04	17.60	1:33:16	5:17	31	24:18	233	26:04
Schildwiese	18.58	1:32:17	4:58	31	23:19	102	24:51	36.18	3:05:33	5:07	27	47:37	233	50:37
Neuhaus	13.54	1:33:11	6:52	62	32:02	222	42:39	49.72	4:38:44	5:36	40	1:04:44	233	1:27:58
Masserberg	19.86	1:58:22	5:57	45	39:33	166	41:02	69.58	6:37:06	5:42	41	1:43:57	233	2:09:00
Allzunah	17.89	2:05:20	7:00	64	51:10	223	54:47	87.47	8:42:26	5:58	54	2:34:33	233	3:03:47
Grenzadler	19.96	1:45:41	5:17	45	34:56	152	34:56	107.43	10:28:07	5:50	52	3:05:04	232	3:32:49
Neue Ausspanne	13.68	1:09:55	5:06	11	8:18	72	22:14	121.11	11:38:02	5:45	43	3:12:24	232	3:50:17
Kleiner Inselsber	13.90	1:24:59	6:06	40	30:08	175	32:35	135.01	13:03:01	5:47	44	3:35:00	232	4:22:52
Hohe Sonne	18.94	1:39:16	5:14	30	28:18	120	30:59	153.95	14:42:17	5:43	42	3:53:18	228	4:44:11
Hörschel	15.02	1:36:45	6:26	58	36:39	204	43:44	168.90	16:19:02	5:47	46	4:27:08	180	5:25:47