



19. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 24.06.2017

Detailed evaluation

Gü-We Läufer

Total time: 15:39:21

Number: 206

Speed: 10.73 km/h

Running performance: 5:34 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 137 (of 233)

Best time in course: 10:53:15

Category:

Rank in category: 105(of 150)

Männerstaffel

Best time in the category: 10:53:15

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:37:48	5:33	108	30:36	148	30:36	17.60	1:37:48	5:33	108	30:36	148	30:36
Schildwiese	18.58	1:31:11	4:54	67	23:45	96	23:45	36.18	3:08:59	5:13	91	54:03	124	54:03
Neuhaus	13.54	1:20:25	5:56	127	29:53	163	29:53	49.72	4:29:24	5:25	105	1:18:38	134	1:18:38
Masserberg	19.86	1:56:46	5:52	112	39:26	159	39:26	69.58	6:26:10	5:32	101	1:58:04	134	1:58:04
Allzunah	17.89	1:53:16	6:19	132	42:43	196	42:43	87.47	8:19:26	5:42	121	2:40:47	162	2:40:47
Grenzadler	19.96	1:58:26	5:56	135	44:38	196	47:41	107.43	10:17:52	5:45	126	3:22:34	174	3:22:34
Neue Ausspanne	13.68	1:08:15	4:59	53	20:34	64	20:34	121.11	11:26:07	5:39	117	3:38:22	156	3:38:22
Kleiner Inselsber	13.90	1:17:05	5:32	86	24:41	115	24:41	135.01	12:43:12	5:39	116	4:03:03	153	4:03:03
Hohe Sonne	18.94	1:37:32	5:08	75	29:15	105	29:15	153.95	14:20:44	5:35	109	4:22:38	145	4:22:38
Hörschel	15.02	1:18:37	5:14	65	25:36	86	25:36	168.90	15:39:21	5:33	105	4:46:06	137	4:46:06