



19. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 24.06.2017

Detailed evaluation

Laufrausch Rudolstadt

Total time: 15:18:51

Number: 540

Speed: 10.97 km/h

Running performance: 5:26 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 107 (of 233)

Best time in course: 10:53:15

Category:

Rank in category: 83(of 150)

Männerstaffel

Best time in the category: 10:53:15

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:30:53	5:09	70	23:41	93	23:41	17.60	1:30:53	5:09	70	23:41	93	23:41
Schildwiese	18.58	1:37:39	5:15	98	30:13	146	30:13	36.18	3:08:32	5:12	87	53:36	118	53:36
Neuhaus	13.54	1:15:03	5:32	87	24:31	106	24:31	49.72	4:23:35	5:18	84	1:12:49	107	1:12:49
Masserberg	19.86	1:41:43	5:07	49	24:23	72	24:23	69.58	6:05:18	5:15	66	1:37:12	83	1:37:12
Allzunah	17.89	1:52:27	6:17	128	41:54	191	41:54	87.47	7:57:45	5:27	84	2:19:06	110	2:19:06
Grenzadler	19.96	1:37:16	4:52	57	23:28	86	26:31	107.43	9:35:01	5:21	77	2:39:43	100	2:39:43
Neue Ausspanne	13.68	1:18:55	5:46	95	31:14	133	31:14	121.11	10:53:56	5:23	87	3:06:11	111	3:06:11
Kleiner Inselsber	13.90	1:20:47	5:48	105	28:23	143	28:23	135.01	12:14:43	5:26	88	3:34:34	111	3:34:34
Hohe Sonne	18.94	1:40:03	5:16	91	31:46	128	31:46	153.95	13:54:46	5:25	83	3:56:40	106	3:56:40
Hörschel	15.02	1:24:05	5:35	101	31:04	136	31:04	168.90	15:18:51	5:26	83	4:25:36	107	4:25:36