



# 19. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 24.06.2017

## Detailed evaluation

Gipfelstürmer

Total time: 15:26:30

Number: 200

Speed: 10.88 km/h

Running performance: 5:29 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 117 (of 233)

Best time in course: 10:53:15

Category:

Rank in category: 90(of 150)

Männerstaffel

Best time in the category: 10:53:15

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:34:14	5:21	94	27:02	128	27:02	17.60	1:34:14	5:21	94	27:02	128	27:02
Schildwiese	18.58	1:49:33	5:53	132	42:07	199	42:07	36.18	3:23:47	5:37	124	1:08:51	169	1:08:51
Neuhaus	13.54	1:26:18	6:22	143	35:46	199	35:46	49.72	4:50:05	5:50	137	1:39:19	188	1:39:19
Masserberg	19.86	1:45:24	5:18	65	28:04	93	28:04	69.58	6:35:29	5:41	119	2:07:23	160	2:07:23
Allzunah	17.89	1:36:13	5:22	72	25:40	99	25:40	87.47	8:11:42	5:37	111	2:33:03	146	2:33:03
Grenzadler	19.96	1:54:02	5:42	127	40:14	184	43:17	107.43	10:05:44	5:38	114	3:10:26	154	3:10:26
Neue Ausspanne	13.68	1:18:07	5:42	91	30:26	122	30:26	121.11	11:23:51	5:38	114	3:36:06	153	3:36:06
Kleiner Inselsber	13.90	1:16:41	5:31	84	24:17	113	24:17	135.01	12:40:32	5:37	110	4:00:23	145	4:00:23
Hohe Sonne	18.94	1:26:12	4:33	19	17:55	32	17:55	153.95	14:06:44	5:30	93	4:08:38	118	4:08:38
Hörschel	15.02	1:19:46	5:18	76	26:45	100	26:45	168.90	15:26:30	5:29	90	4:33:15	117	4:33:15