



19. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 24.06.2017

Detailed evaluation

Coffee to go

Total time: 15:26:59

Number: 213

Speed: 10.87 km/h

Running performance: 5:29 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 119 (of 233)

Best time in course: 10:53:15

Category:

Rank in category: 92(of 150)

Männerstaffel

Best time in the category: 10:53:15

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:46:51	6:04	139	39:39	195	39:39	17.60	1:46:51	6:04	139	39:39	195	39:39
Schildwiese	18.58	1:35:07	5:07	88	27:41	126	27:41	36.18	3:21:58	5:34	121	1:07:02	166	1:07:02
Neuhaus	13.54	1:16:20	5:38	95	25:48	116	25:48	49.72	4:38:18	5:35	120	1:27:32	163	1:27:32
Masserberg	19.86	1:55:35	5:49	109	38:15	154	38:15	69.58	6:33:53	5:39	117	2:05:47	157	2:05:47
Allzunah	17.89	1:48:21	6:03	118	37:48	173	37:48	87.47	8:22:14	5:44	122	2:43:35	165	2:43:35
Grenzadler	19.96	1:41:09	5:04	83	27:21	124	30:24	107.43	10:03:23	5:36	111	3:08:05	150	3:08:05
Neue Ausspanne	13.68	1:11:13	5:12	62	23:32	78	23:32	121.11	11:14:36	5:34	102	3:26:51	135	3:26:51
Kleiner Inselsber	13.90	1:12:15	5:11	56	19:51	73	19:51	135.01	12:26:51	5:31	96	3:46:42	124	3:46:42
Hohe Sonne	18.94	1:35:43	5:03	62	27:26	88	27:26	153.95	14:02:34	5:28	88	4:04:28	112	4:04:28
Hörschel	15.02	1:24:25	5:37	105	31:24	140	31:24	168.90	15:26:59	5:29	92	4:33:44	119	4:33:44