



19. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 24.06.2017

Detailed evaluation

Trefffurter Sperrachen Amazonen

Total time: 16:32:15

Number: 9

Speed: 10.16 km/h

Running performance: 5:52 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 189 (of 233)

Best time in course: 10:53:15

Category:

Rank in category: 5(of 14)

Frauenstaffel

Best time in the category: 13:15:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:48:03	6:08	9	20:54	202	40:51	17.60	1:48:03	6:08	9	20:54	233	40:51
Schildwiese	18.58	1:37:45	5:15	5	8:24	148	30:19	36.18	3:25:48	5:41	5	23:35	233	1:10:52
Neuhaus	13.54	1:27:08	6:26	9	20:56	204	36:36	49.72	4:52:56	5:53	5	44:31	233	1:42:10
Masserberg	19.86	2:06:47	6:23	10	36:46	199	49:27	69.58	6:59:43	6:01	6	1:19:42	233	2:31:37
Allzunah	17.89	1:58:49	6:38	10	37:06	210	48:16	87.47	8:58:32	6:09	8	1:56:23	233	3:19:53
Grenzadler	19.96	1:58:35	5:56	7	30:27	197	47:50	107.43	10:57:07	6:07	6	2:26:50	232	4:01:49
Neue Ausspanne	13.68	1:07:52	4:57	3	4:44	61	20:11	121.11	12:04:59	5:59	6	2:31:34	232	4:17:14
Kleiner Inselsber	13.90	1:13:14	5:16	5	12:26	82	20:50	135.01	13:18:13	5:54	5	2:35:49	232	4:38:04
Hohe Sonne	18.94	1:45:54	5:35	7	21:30	159	37:37	153.95	15:04:07	5:52	5	2:57:19	228	5:06:01
Hörschel	15.02	1:28:08	5:52	6	24:52	164	35:07	168.90	16:32:15	5:52	5	3:16:53	189	5:39:00