



19. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 24.06.2017

Detailed evaluation

Rapunzel-Racer

Total time: 15:46:19

Number: 156

Speed: 10.65 km/h

Running performance: 5:36 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 145 (of 233)

Best time in course: 10:53:15

Category:

Rank in category: 111(of 150)

Männerstaffel

Best time in the category: 10:53:15

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:33:42	5:19	90	26:30	124	26:30	17.60	1:33:42	5:19	90	26:30	124	26:30
Schildwiese	18.58	1:34:37	5:05	84	27:11	120	27:11	36.18	3:08:19	5:12	85	53:23	116	53:23
Neuhaus	13.54	1:13:10	5:24	69	22:38	85	22:38	49.72	4:21:29	5:15	75	1:10:43	95	1:10:43
Masserberg	19.86	1:48:43	5:28	80	31:23	113	31:23	69.58	6:10:12	5:19	74	1:42:06	94	1:42:06
Allzunah	17.89	1:55:27	6:27	135	44:54	203	44:54	87.47	8:05:39	5:33	102	2:27:00	135	2:27:00
Grenzadler	19.96	1:59:07	5:58	138	45:19	200	48:22	107.43	10:04:46	5:37	113	3:09:28	152	3:09:28
Neue Ausspanne	13.68	1:22:23	6:01	111	34:42	163	34:42	121.11	11:27:09	5:40	120	3:39:24	161	3:39:24
Kleiner Inselsber	13.90	1:14:18	5:20	65	21:54	87	21:54	135.01	12:41:27	5:38	113	4:01:18	149	4:01:18
Hohe Sonne	18.94	1:37:02	5:07	72	28:45	102	28:45	153.95	14:18:29	5:34	107	4:20:23	141	4:20:23
Hörschel	15.02	1:27:50	5:50	120	34:49	162	34:49	168.90	15:46:19	5:36	111	4:53:04	145	4:53:04