



19. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 24.06.2017

Detailed evaluation

Laufklub Berlin

Total time: 15:54:03

Number: 151

Speed: 10.57 km/h

Running performance: 5:39 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 155 (of 233)

Best time in course: 10:53:15

Category:

Rank in category: 117(of 150)

Männerstaffel

Best time in the category: 10:53:15

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:37:21	5:31	107	30:09	145	30:09	17.60	1:37:21	5:31	107	30:09	145	30:09
Schildwiese	18.58	1:41:37	5:28	116	34:11	169	34:11	36.18	3:18:58	5:29	113	1:04:02	158	1:04:02
Neuhaus	13.54	1:16:14	5:37	94	25:42	115	25:42	49.72	4:35:12	5:32	113	1:24:26	151	1:24:26
Masserberg	19.86	2:04:27	6:15	131	47:07	192	47:07	69.58	6:39:39	5:44	128	2:11:33	174	2:11:33
Allzunah	17.89	1:33:00	5:11	54	22:27	74	22:27	87.47	8:12:39	5:37	112	2:34:00	147	2:34:00
Grenzadler	19.96	1:34:51	4:45	43	21:03	67	24:06	107.43	9:47:30	5:28	97	2:52:12	127	2:52:12
Neue Ausspanne	13.68	1:05:16	4:46	40	17:35	46	17:35	121.11	10:52:46	5:23	86	3:05:01	109	3:05:01
Kleiner Inselsber	13.90	1:27:57	6:19	133	35:33	192	35:33	135.01	12:20:43	5:29	91	3:40:34	115	3:40:34
Hohe Sonne	18.94	1:58:15	6:14	142	49:58	216	49:58	153.95	14:18:58	5:34	108	4:20:52	142	4:20:52
Hörschel	15.02	1:35:05	6:19	133	42:04	198	42:04	168.90	15:54:03	5:38	117	5:00:48	155	5:00:48