



19. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 24.06.2017

Detailed evaluation

Laufklub Berlin

Total time: 15:54:03

Number: 151

Speed: 10.57 km/h

Running performance: 5:39 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 155 (of 233)

Best time in course: 10:53:15

Category:

Rank in category: 117(of 150)

Männerstaffel

Best time in the category: 10:53:15

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total |
| Grumbach | 17.60 | 1:37:21 | 5:31 | 107 | 30:09 | 145 | 30:09 | 17.60 | 1:37:21 | 5:31 | 107 | 30:09 | 145 | 30:09 |
| Schildwiese | 18.58 | 1:41:37 | 5:28 | 116 | 34:11 | 169 | 34:11 | 36.18 | 3:18:58 | 5:29 | 113 | 1:04:02 | 158 | 1:04:02 |
| Neuhaus | 13.54 | 1:16:14 | 5:37 | 94 | 25:42 | 115 | 25:42 | 49.72 | 4:35:12 | 5:32 | 113 | 1:24:26 | 151 | 1:24:26 |
| Masserberg | 19.86 | 2:04:27 | 6:15 | 131 | 47:07 | 192 | 47:07 | 69.58 | 6:39:39 | 5:44 | 128 | 2:11:33 | 174 | 2:11:33 |
| Allzunah | 17.89 | 1:33:00 | 5:11 | 54 | 22:27 | 74 | 22:27 | 87.47 | 8:12:39 | 5:37 | 112 | 2:34:00 | 147 | 2:34:00 |
| Grenzadler | 19.96 | 1:34:51 | 4:45 | 43 | 21:03 | 67 | 24:06 | 107.43 | 9:47:30 | 5:28 | 97 | 2:52:12 | 127 | 2:52:12 |
| Neue Ausspanne | 13.68 | 1:05:16 | 4:46 | 40 | 17:35 | 46 | 17:35 | 121.11 | 10:52:46 | 5:23 | 86 | 3:05:01 | 109 | 3:05:01 |
| Kleiner Inselsber | 13.90 | 1:27:57 | 6:19 | 133 | 35:33 | 192 | 35:33 | 135.01 | 12:20:43 | 5:29 | 91 | 3:40:34 | 115 | 3:40:34 |
| Hohe Sonne | 18.94 | 1:58:15 | 6:14 | 142 | 49:58 | 216 | 49:58 | 153.95 | 14:18:58 | 5:34 | 108 | 4:20:52 | 142 | 4:20:52 |
| Hörschel | 15.02 | 1:35:05 | 6:19 | 133 | 42:04 | 198 | 42:04 | 168.90 | 15:54:03 | 5:38 | 117 | 5:00:48 | 155 | 5:00:48 |