



19. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 24.06.2017

Detailed evaluation

Laufklub Berlin

Total time: 15:54:03

Number: 149

Speed: 10.57 km/h

Running performance: 5:39 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 155 (of 233)

Best time in course: 10:53:15

Category:

Rank in category: 117(of 150)

Männerstaffel

Best time in the category: 10:53:15

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:30:53	5:09	70	23:41	93	23:41	17.60	1:30:53	5:09	70	23:41	93	23:41
Schildwiese	18.58	1:52:41	6:03	140	45:15	211	45:15	36.18	3:23:34	5:37	123	1:08:38	168	1:08:38
Neuhaus	13.54	1:19:47	5:53	119	29:15	152	29:15	49.72	4:43:21	5:41	128	1:32:35	175	1:32:35
Masserberg	19.86	1:59:25	6:00	119	42:05	172	42:05	69.58	6:42:46	5:47	133	2:14:40	180	2:14:40
Allzunah	17.89	1:48:10	6:02	117	37:37	171	37:37	87.47	8:30:56	5:50	133	2:52:17	183	2:52:17
Grenzadler	19.96	1:28:19	4:25	25	14:31	38	17:34	107.43	9:59:15	5:34	108	3:03:57	146	3:03:57
Neue Ausspanne	13.68	1:07:25	4:55	49	19:44	57	19:44	121.11	11:06:40	5:30	96	3:18:55	124	3:18:55
Kleiner Inselsber	13.90	1:20:58	5:49	106	28:34	144	28:34	135.01	12:27:38	5:32	97	3:47:29	125	3:47:29
Hohe Sonne	18.94	2:05:27	6:37	147	57:10	224	57:10	153.95	14:33:05	5:40	118	4:34:59	159	4:34:59
Hörschel	15.02	1:20:58	5:23	82	27:57	108	27:57	168.90	15:54:03	5:38	117	5:00:48	155	5:00:48