



# 19. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 24.06.2017

## Detailed evaluation

Sport-Raßbach-Pleißgirls

Total time: 13:30:00

Number: 11

Speed: 12.44 km/h

Running performance: 4:48 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 30 (of 233)

Best time in course: 10:53:15

Category:

Rank in category: 2(of 14)

Frauenstaffel

Best time in the category: 13:15:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:32:52	5:16	2	5:43	116	25:40	17.60	1:32:52	5:16	2	5:43	233	25:40
Schildwiese	18.58	1:29:21	4:48	1	-	77	21:55	36.18	3:02:13	5:02	1	-	233	47:17
Neuhaus	13.54	1:06:12	4:53	1	-	34	15:40	49.72	4:08:25	4:59	1	-	233	57:39
Masserberg	19.86	1:31:36	4:36	2	1:35	28	14:16	69.58	5:40:01	4:53	1	-	233	1:11:55
Allzunah	17.89	1:31:47	5:07	2	10:04	68	21:14	87.47	7:11:48	4:56	2	9:39	233	1:33:09
Grenzadler	19.96	1:38:21	4:55	4	10:13	96	27:36	107.43	8:50:09	4:56	2	19:52	232	1:54:51
Neue Ausspanne	13.68	1:04:45	4:43	2	1:37	42	17:04	121.11	9:54:54	4:54	2	21:29	232	2:07:09
Kleiner Inselsber	13.90	1:00:48	4:22	1	-	17	8:24	135.01	10:55:42	4:51	2	13:18	232	2:15:33
Hohe Sonne	18.94	1:29:11	4:42	2	4:47	42	20:54	153.95	12:24:53	4:50	2	18:05	228	2:26:47
Hörschel	15.02	1:05:07	4:20	2	1:51	24	12:06	168.90	13:30:00	4:47	2	14:38	30	2:36:45