



19. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 24.06.2017

Detailed evaluation

Stiftung Wadentest Rennsteig Staffel Total time: 16:01:59

Number: 172

Speed: 10.48 km/h

Running performance: 5:42 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 165 (of 233)

Best time in course: 10:53:15

Category:

Männerstaffel

Rank in category: 124(of 150)

Best time in the category: 10:53:15

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:40:21	5:42	119	33:09	164	33:09	17.60	1:40:21	5:42	119	33:09	164	33:09
Schildwiese	18.58	1:40:27	5:24	112	33:01	162	33:01	36.18	3:20:48	5:33	119	1:05:52	164	1:05:52
Neuhaus	13.54	1:14:30	5:30	82	23:58	101	23:58	49.72	4:35:18	5:32	114	1:24:32	152	1:24:32
Masserberg	19.86	1:52:55	5:41	99	35:35	138	35:35	69.58	6:28:13	5:34	105	2:00:07	138	2:00:07
Allzunah	17.89	1:56:55	6:32	139	46:22	207	46:22	87.47	8:25:08	5:46	125	2:46:29	169	2:46:29
Grenzadler	19.96	1:42:07	5:06	86	28:19	127	31:22	107.43	10:07:15	5:39	116	3:11:57	157	3:11:57
Neue Ausspanne	13.68	1:12:11	5:16	67	24:30	83	24:30	121.11	11:19:26	5:36	109	3:31:41	147	3:31:41
Kleiner Inselsber	13.90	1:21:12	5:50	108	28:48	146	28:48	135.01	12:40:38	5:38	111	4:00:29	146	4:00:29
Hohe Sonne	18.94	1:46:17	5:36	112	38:00	162	38:00	153.95	14:26:55	5:37	115	4:28:49	151	4:28:49
Hörschel	15.02	1:35:04	6:19	132	42:03	197	42:03	168.90	16:01:59	5:41	124	5:08:44	165	5:08:44