



19. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 24.06.2017

Detailed evaluation

Team Wadenkrampf Berlin

Total time: 15:59:10

Number: 191

Speed: 10.51 km/h

Running performance: 5:41 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 162 (of 233)

Best time in course: 10:53:15

Category:

Rank in category: 122(of 150)

Männerstaffel

Best time in the category: 10:53:15

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:30:00	5:06	59	22:48	78	22:48	17.60	1:30:00	5:06	59	22:48	78	22:48
Schildwiese	18.58	1:42:00	5:29	118	34:34	173	34:34	36.18	3:12:00	5:18	97	57:04	131	57:04
Neuhaus	13.54	1:18:00	5:45	106	27:28	133	27:28	49.72	4:30:00	5:25	106	1:19:14	135	1:19:14
Masserberg	19.86	2:02:00	6:08	126	44:40	184	44:40	69.58	6:32:00	5:38	112	2:03:54	149	2:03:54
Allzunah	17.89	1:41:00	5:38	90	30:27	126	30:27	87.47	8:13:00	5:38	113	2:34:21	148	2:34:21
Grenzadler	19.96	1:37:00	4:51	56	23:12	85	26:15	107.43	9:50:00	5:29	99	2:54:42	129	2:54:42
Neue Ausspanne	13.68	1:28:00	6:25	132	40:19	200	40:19	121.11	11:18:00	5:35	107	3:30:15	143	3:30:15
Kleiner Inselsber	13.90	1:22:00	5:53	111	29:36	151	29:36	135.01	12:40:00	5:37	108	3:59:51	143	3:59:51
Hohe Sonne	18.94	fehlt!	-	-	-	-	-	153.95	-	-	-	-	-	-
Hörschel	15.02	3:19:10	13:15	150	2:26:09	230	2:26:09	168.90	15:59:10	5:40	122	5:05:55	162	5:05:55