



19. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 24.06.2017

Detailed evaluation

Roter Stern Pfafferode I

Total time: 15:43:54

Number: 154

Speed: 10.68 km/h

Running performance: 5:35 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 140 (of 233)

Best time in course: 10:53:15

Category:

Rank in category: 107(of 150)

Männerstaffel

Best time in the category: 10:53:15

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:25:53	4:52	40	18:41	49	18:41	17.60	1:25:53	4:52	40	18:41	49	18:41
Schildwiese	18.58	1:34:57	5:06	86	27:31	123	27:31	36.18	3:00:50	4:59	56	45:54	74	45:54
Neuhaus	13.54	1:13:30	5:25	74	22:58	90	22:58	49.72	4:14:20	5:06	61	1:03:34	77	1:03:34
Masserberg	19.86	2:10:32	6:34	139	53:12	211	53:12	69.58	6:24:52	5:31	97	1:56:46	129	1:56:46
Allzunah	17.89	1:51:14	6:13	126	40:41	186	40:41	87.47	8:16:06	5:40	118	2:37:27	154	2:37:27
Grenzadler	19.96	1:41:03	5:03	82	27:15	123	30:18	107.43	9:57:09	5:33	105	3:01:51	140	3:01:51
Neue Ausspanne	13.68	1:30:35	6:37	136	42:54	212	42:54	121.11	11:27:44	5:40	121	3:39:59	162	3:39:59
Kleiner Inselsber	13.90	1:02:32	4:29	16	10:08	20	10:08	135.01	12:30:16	5:33	101	3:50:07	129	3:50:07
Hohe Sonne	18.94	1:52:13	5:55	130	43:56	193	43:56	153.95	14:22:29	5:36	110	4:24:23	146	4:24:23
Hörschel	15.02	1:21:25	5:25	84	28:24	111	28:24	168.90	15:43:54	5:35	107	4:50:39	140	4:50:39