



19. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 24.06.2017

Detailed evaluation

X-Runners Mix

Number: 569

Course: 168.90 km
Blankenstein-Hörschel

Category:
Mixstaffel

Total time: 14:02:15

Speed: 11.97 km/h

Running performance: 4:59 min/km

Rank in course: 44 (of 233)

Best time in course: 10:53:15

Rank in category: 9(of 69)

Best time in the category: 11:51:54

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:29:15	5:04	17	20:17	71	22:03	17.60	1:29:15	5:04	17	20:17	233	22:03
Schildwiese	18.58	1:23:07	4:28	13	14:09	42	15:41	36.18	2:52:22	4:45	12	34:26	233	37:26
Neuhaus	13.54	1:10:39	5:13	9	9:30	70	20:07	49.72	4:03:01	4:53	10	29:01	233	52:15
Masserberg	19.86	1:27:16	4:23	7	8:27	17	9:56	69.58	5:30:17	4:44	8	37:08	233	1:02:11
Allzunah	17.89	1:43:02	5:45	40	28:52	145	32:29	87.47	7:13:19	4:57	11	1:05:26	233	1:34:40
Grenzadler	19.96	1:29:56	4:30	13	19:11	41	19:11	107.43	8:43:15	4:52	10	1:20:12	232	1:47:57
Neue Ausspanne	13.68	1:07:40	4:56	7	6:03	59	19:59	121.11	9:50:55	4:52	8	1:25:17	232	2:03:10
Kleiner Inselsber	13.90	1:22:49	5:57	34	27:58	157	30:25	135.01	11:13:44	4:59	10	1:45:43	232	2:33:35
Hohe Sonne	18.94	1:17:16	4:04	5	6:18	11	8:59	153.95	12:31:00	4:52	9	1:42:01	228	2:32:54
Hörschel	15.02	1:31:15	6:04	48	31:09	184	38:14	168.90	14:02:15	4:59	9	2:10:21	44	3:09:00