



19. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 24.06.2017

Detailed evaluation

Sömmerdaer Gipfelstürmer

Total time: 13:14:05

Number: 157

Speed: 12.69 km/h

Running performance: 4:42 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 24 (of 233)

Best time in course: 10:53:15

Category:

Rank in category: 18(of 150)

Männerstaffel

Best time in the category: 10:53:15

| Intermediate times |          |            |              | Stage score |             |           |              | Total ranking |            |              |          |             |           |              |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat.    | Behind Cat. | Pos Total | Behind Total | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total |
| Grumbach           | 17.60    | 1:25:57    | 4:53         | 41          | 18:45       | 50        | 18:45        | 17.60         | 1:25:57    | 4:53         | 41       | 18:45       | 50        | 18:45        |
| Schildwiese        | 18.58    | 1:17:54    | 4:11         | 16          | 10:28       | 22        | 10:28        | 36.18         | 2:43:51    | 4:31         | 17       | 28:55       | 24        | 28:55        |
| Neuhaus            | 13.54    | 1:00:18    | 4:27         | 13          | 9:46        | 13        | 9:46         | 49.72         | 3:44:09    | 4:30         | 12       | 33:23       | 16        | 33:23        |
| Masserberg         | 19.86    | 1:37:46    | 4:55         | 30          | 20:26       | 53        | 20:26        | 69.58         | 5:21:55    | 4:37         | 14       | 53:49       | 20        | 53:49        |
| Allzunah           | 17.89    | 1:24:29    | 4:43         | 18          | 13:56       | 25        | 13:56        | 87.47         | 6:46:24    | 4:38         | 14       | 1:07:45     | 19        | 1:07:45      |
| Grenzadler         | 19.96    | 1:23:28    | 4:10         | 15          | 9:40        | 23        | 12:43        | 107.43        | 8:09:52    | 4:33         | 13       | 1:14:34     | 18        | 1:14:34      |
| Neue Ausspanne     | 13.68    | 1:06:15    | 4:50         | 42          | 18:34       | 48        | 18:34        | 121.11        | 9:16:07    | 4:35         | 16       | 1:28:22     | 21        | 1:28:22      |
| Kleiner Inselsber  | 13.90    | 59:57      | 4:18         | 13          | 7:33        | 15        | 7:33         | 135.01        | 10:16:04   | 4:33         | 14       | 1:35:55     | 19        | 1:35:55      |
| Hohe Sonne         | 18.94    | 1:29:53    | 4:44         | 34          | 21:36       | 49        | 21:36        | 153.95        | 11:45:57   | 4:35         | 15       | 1:47:51     | 21        | 1:47:51      |
| Hörschel           | 15.02    | 1:28:08    | 5:52         | 121         | 35:07       | 164       | 35:07        | 168.90        | 13:14:05   | 4:42         | 18       | 2:20:50     | 24        | 2:20:50      |