



19. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 24.06.2017

Detailed evaluation

Sömmerdaer Gipfelstürmer

Total time: 13:14:05

Number: 157

Speed: 12.69 km/h

Running performance: 4:42 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 24 (of 233)

Best time in course: 10:53:15

Category:

Rank in category: 18(of 150)

Männerstaffel

Best time in the category: 10:53:15

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:25:57	4:53	41	18:45	50	18:45	17.60	1:25:57	4:53	41	18:45	50	18:45
Schildwiese	18.58	1:17:54	4:11	16	10:28	22	10:28	36.18	2:43:51	4:31	17	28:55	24	28:55
Neuhaus	13.54	1:00:18	4:27	13	9:46	13	9:46	49.72	3:44:09	4:30	12	33:23	16	33:23
Masserberg	19.86	1:37:46	4:55	30	20:26	53	20:26	69.58	5:21:55	4:37	14	53:49	20	53:49
Allzunah	17.89	1:24:29	4:43	18	13:56	25	13:56	87.47	6:46:24	4:38	14	1:07:45	19	1:07:45
Grenzadler	19.96	1:23:28	4:10	15	9:40	23	12:43	107.43	8:09:52	4:33	13	1:14:34	18	1:14:34
Neue Ausspanne	13.68	1:06:15	4:50	42	18:34	48	18:34	121.11	9:16:07	4:35	16	1:28:22	21	1:28:22
Kleiner Inselsber	13.90	59:57	4:18	13	7:33	15	7:33	135.01	10:16:04	4:33	14	1:35:55	19	1:35:55
Hohe Sonne	18.94	1:29:53	4:44	34	21:36	49	21:36	153.95	11:45:57	4:35	15	1:47:51	21	1:47:51
Hörschel	15.02	1:28:08	5:52	121	35:07	164	35:07	168.90	13:14:05	4:42	18	2:20:50	24	2:20:50