



19. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 24.06.2017

Detailed evaluation

Laufexpress Rudolstadt

Total time: 13:24:52

Number: 132

Speed: 12.52 km/h

Running performance: 4:46 min/km

Course: 168.90 km

Blankenstein-Hörschel

Rank in course: 29 (of 233)

Best time in course: 10:53:15

Category:

Rank in category: 22(of 150)

Männerstaffel

Best time in the category: 10:53:15

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:18:56	4:29	15	11:44	20	11:44	17.60	1:18:56	4:29	15	11:44	20	11:44
Schildwiese	18.58	1:27:55	4:43	50	20:29	69	20:29	36.18	2:46:51	4:36	21	31:55	28	31:55
Neuhaus	13.54	1:03:42	4:42	20	13:10	21	13:10	49.72	3:50:33	4:38	20	39:47	24	39:47
Masserberg	19.86	1:37:10	4:53	27	19:50	48	19:50	69.58	5:27:43	4:42	19	59:37	26	59:37
Allzunah	17.89	1:27:49	4:54	32	17:16	43	17:16	87.47	6:55:32	4:45	17	1:16:53	22	1:16:53
Grenzadler	19.96	1:30:44	4:32	29	16:56	44	19:59	107.43	8:26:16	4:42	18	1:30:58	24	1:30:58
Neue Ausspanne	13.68	59:27	4:20	18	11:46	18	11:46	121.11	9:25:43	4:40	17	1:37:58	23	1:37:58
Kleiner Inselsber	13.90	1:19:18	5:42	97	26:54	131	26:54	135.01	10:45:01	4:46	21	2:04:52	28	2:04:52
Hohe Sonne	18.94	1:31:50	4:50	39	23:33	58	23:33	153.95	12:16:51	4:47	22	2:18:45	30	2:18:45
Hörschel	15.02	1:08:01	4:31	25	15:00	30	15:00	168.90	13:24:52	4:45	22	2:31:37	29	2:31:37